

JANUARY 2022 TIME TABLE

2022.1.1 ▶ 1.31 J SPORTS 3



★ First On Air

Sat	Sun	Mon	Tue	Wed	Thu	Fri
4.15 SAIL GP Round7 Sydney (AUS) [Day1]	4.00 SAIL GP Round7 Sydney (AUS) [Day2]	4.30 Gambare Nippon Baseball Returns #1 Ryosuke Kikuchi Dance!	4.15 Blank 6.00 Dakar Rally Daily HL [DAY1] (01/02)	4.00 Blank 6.00 Dakar Rally HL [DAY2] J SPORTS Selection	4.00 Blank 6.00 Dakar Rally HL [DAY3] J SPORTS Selection	4.30 Blank 6.00 Dakar Rally Daily HL [DAY1] (01/05)
6.15 Hello! From SNOWBOARDERS #2 Hiroaki KUNITAKE ▽6.20 #3 Sena TOMITA	6.00 Documentary -The REAL- Rugby Wonderful!	5.00 Documentary -The REAL- J SPORTS Selection	7.00 J SPORTS Selection	2.00 Alpine Ski FIS World Cup Men's Giant Slalom [Alta Badia/ITA (12/22)]	1.00 MOTOR GAMES #405 BLEAGUE Week 15 [YOKOHAMA vs. OSAKA (01/09)]	7.00 J SPORTS Selection 1.00 Extreme E HL Round5 [Jurassic X Prix] 2.00 Documentary -The REAL- MOTOR GAMES #405 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Garmisch-Partenkirchen /GER (01/01)]
6.25 BLEAGUE Week 14 (A TOKYO vs. UTSUNOMIYA (12/29))	8.00 WWC SMACK DOWN #1166 HL BLEAGUE Week 15 [GUNMA vs. UTSUNOMIYA (01/02)]	2.00 BLEAGUE Week 15 [YOKOHAMA vs. OSAKA]	2.00 Alpine Ski FIS World Cup Men's Giant Slalom [Alta Badia/ITA (12/22)]	2.00 Alpine Ski FIS World Cup Men's Giant Slalom [Alta Badia/ITA (12/22)]	1.30 MOTOR GAMES #405 BLEAGUE Week 15 [GUNMA vs. UTSUNOMIYA (01/01)]	3.00 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Garmisch-Partenkirchen /GER (01/01)]
8.40 Baseball #2 Yutaro Sugimoto 9.10 MLB MVP Award	11.15 MOTOR GAMES #404 Dakar Rally #2 0.00 Snowboard FIS World Cup Slopestyle/Calgary/CAN (01/01)	4.45 World Table Tennis Digest 5.00 Alpine Ski FIS World Cup Men's Giant Slalom [Alta Badia/ITA (12/19)]	5.00 Snowboard FIS World Cup Slopestyle [Calgary/CAN (01/01)]	8.00 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Oberstdorf/GER (12/29)]	7.15 Alpine Ski FIS World Cup Men's Giant Slalom [Courchevel/FRA (12/21)]	3.30 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Innsbruck/AUT (01/04)]
10.25 Rugby 101th High School Tournament Round3 [Hanzazono Grounds]	3.00 Shinkyokushin Karate #336 4.00 JOC Junior Olympic Cup All Japan Judo Championships Day2 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Garmisch-Partenkirchen /GER (01/01)]	8.00 Baseball #2 Yutaro Sugimoto 8.30 ROLEX Spirit of Yachting #6 9.00 MOTOR GAMES #405 Yogibo SUPER GT #7 9.30 Kessoku SAMURAI JAPAN #79	10.00 Alpine Ski FIS World Cup Women's Giant Slalom [Alta Badia/ITA (12/17-18)]	10.00 Dakar Rally Daily HL [DAY1] (01/02)	7.30 SAIL GP HL Round7/Sydney (AUS) Ski Jumping FIS World Cup Slopestyle [Innsbruck/AUT (01/04)]	9.30 J SPORTS Selection Dakar Rally Daily HL [DAY3] (01/04)]
4.15 JOC Junior Olympic Cup All Japan Juniors Judo Championships Day Talking alone RUGBY #5 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Oberstdorf/GER (12/29)]	7.00 Dakar Rally HL [DAY1] [Garmisch-Partenkirchen /GER (01/01)]	10.00 Alpine Ski FIS World Cup Women's Giant Slalom [Alta Badia/ITA (12/17-18)]	11.00 Dakar Rally Daily HL [DAY2] (01/03)]	10.00 Dakar Rally Daily HL [DAY2] (01/03)]	9.00 How to see figure skating episode 2 10.00 MOTOR GAMES #405 Dakar Rally Daily HL [DAY3] (01/04)]	9.30 J SPORTS Selection Dakar Rally Daily HL [DAY4] (01/05)]
7.15 Talking alone RUGBY #5 7.45 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Oberstdorf/GER (12/29)]	9.00 Baseball #2 Yutaro Sugimoto 9.30 Freestyle Ski FIS World Cup Moguls_Dual Moguls [Alpe d'Huez/FRA (12/17-18)]	10.45 Dakar Rally Navi 11.00 Dakar Rally Daily HL [DAY1] (01/02)]	0.00 YOGIBO SUPER GT #7 0.30 Gambare Nippon Baseball Returns Special Edition #2 Hankyu Braves	0.00 J SPORTS Selection Gambare Nippon Baseball Returns Special Edition #3 Lotte Orions	11.00 REAL [Plan B] 1.00 Extreme E HL Round5 [Jurassic X Prix]	10.00 Snowboard FIS World Cup Slopestyle/Calgary/CAN (01/01)
9.45 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Garmisch-Partenkirchen /GER (01/01)]	0.30 Dakar Rally HL [DAY1] 1.30 Extreme E HL Round5 [Jurassic X Prix]	0.00 BLEAGUE Week 15 [YOKOHAMA vs. OSAKA (01/03)]	1.00 SAIL GP Round7 Sydney (AUS) [Day2]	0.30 SAIL GP Round7 Sydney (AUS) [Day2]	0.00 REAL [Plan B] 1.15 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Bischofshofen/AUT]	1.00 Snowboard FIS World Cup Slopestyle/Calgary/CAN (01/01)
1.00 WWC SMACK DOWN #1166 HL 2.00 DANCE! 2.00 REAL Cycle Road Race [Ballan]	0.30 Dakar Rally HL [DAY1] 1.30 Extreme E HL Round5 [Jurassic X Prix]	2.15 SUPER GT Season HL	3.00 REAL [Plan B]	3.00 Documentary -The REAL- J SPORTS Selection	1.00 REAL [Plan B] 1.15 Ski Jumping FIS World Cup Men's Large Hill (Four Hills Tournament) [Bischofshofen/AUT]	1.00 Snowboard FIS World Cup Slopestyle/Calgary/CAN (01/01)

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Sat	Sun	Mon	Tue	Wed	Thu	Fri
4.00 Alpine Ski FIS World Cup Men's Downhill [Kitzbuehel/AUT (01/21)]	4.00 Extreme E HL Round5 [Jurassic X Prix]	6.30 J SPORTS Selection BLEAGUE Week 19 [MIKAWA vs. A TOKYO (01/30)]	8.00 J SPORTS Selection BLEAGUE Week 19 [MIKAWA vs. A TOKYO (01/30)]	4.00 Alpine Ski FIS World Cup Men's Downhill [Kitzbuehel/AUT (01/21)]	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #406 Information	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #406 Information
▽6.00 Men's Downhill [Kitzbuehel/AUT (01/22)]	11.30 Kessoku SAMURAI JAPAN #79 0.00 REAL [Plan B]	10.15 WRC Round 1 Rally Monte Carlo [Preview & Live Stage] ▽11.45 Round 1 Rally Monte Carlo [Day1]	10.15 WRC Round 1 Rally Monte Carlo [Preview & Live Stage] ▽11.45 Round 1 Rally Monte Carlo [Day1]	11.00 SNOW JAPAN TV #10 11.15 MLB Best Games #10 [Texas @ L.A. Angels (09/04)]	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #406 Information	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #406 Information
3.00 BLEAGUE Week 19 [MIKAWA vs. A TOKYO]	5.45 WRC Navi 6.00 WRC Round 1 Rally Monte Carlo [review]	3.15 SNOW JAPAN TV #10 3.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	3.15 SNOW JAPAN TV #10 3.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	3.00 BLEAGUE Week 19 [MIKAWA vs. A TOKYO (01/29)]	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #406 Information	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #406 Information
5.45 REAL [Wout Flash Back] episode season preview 8.45 Extreme E HL Round5 [Jurassic X Prix]	8.00 WRC Round 1 Rally Monte Carlo [review]	11.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	11.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	1.30 SNOW JAPAN TV #9 1.45 J SPORTS Selection 2.30 Dance!	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #407 Information	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #407 Information
1.30 Freestyle Ski FIS World Cup Moguls [Chiesa in Valmalenco/ITA (01/23)]	1.15 J SPORTS Selection BLEAGUE Week 19 [MIKAWA vs. A TOKYO (01/29)]	11.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	11.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	3.30 Gambare Nippon Baseball Returns #3	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #407 Information	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #407 Information
3.30 Gambare Nippon Baseball Returns #3	2.00 Dance!	11.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	11.30 J SPORTS Selection 7.00 Shinkyokushin Karate #337 8.00 Kessoku SAMURAI JAPAN #80 8.30 ROLEX Spirit of Yachting #8 9.00 MOTOR GAMES #409 9.30 Nordic Combined FIS World Cup [Seefteld/AUT (01/30)]	3.30 Kessoku SAMURAI JAPAN #79	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #407 Information	4.00 Blank 6.00 Information 6.30 MOTOR GAMES #407 Information

*A program may be changed. Please confirm by a website for details.
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