1 JANUARY 2020 TIME TABLE

2020.1.1 ▶ 1.31　J SPORTS 4

★ First On Air

1 Wed

- 4.00 IFSC Climbing World Championships Men & Women Bouldering Final ▽9.30 Women Combined Final ▽3.00 Men Combined Final
- 8.00 Takamadonomiya Cup Premier League Playoff 2nd Round Block A ▽10.30 Playoff 2nd Round Block C ▽1.00 Playoff 2nd Round Block B ▽3.30 Playoff 2nd Round Block D

2 Thu

- 6.00 Soccer Inter High School Men's Semifinal 「TOYAMA Daiichi vs. SHOSHI」 ▽8.00 Men's Semifinal 「KYOTO TACHIBANA vs. TOKO GAKUEN」 ▽10.00 Men's Final 「TOYAMA Daiichi vs. TOKO GAKUEN」
- 0.15 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Garmisch-Partenkirchen／GER(01／01)」
- 2.30 Cycle* Tour de France Stage5
- 7.00 SUPER GT Round1 OKAYAMA International Circuit 「Final」
- 10.00 WWE RAW #1387
- 0.45 WRC Navi
- 1.00 SUPER GT Round2 Fuji Speedway 「Final」

3 Fri

- 5.00 BOOMER #117
- 5.30 Japan Rugby Top League Navi
- The REAL 「SKAGERRAK」
- 6.00 Cycle Tour de France traversing the spectacular scenery over 21 days
- 7.00 Documentary -The REAL- Maillot Jaune Special Program 「The day when Japan is dyed yellow」
- 9.00 Soccer Japan National Coach Chronicle #32
- 10.00 Dakar Rally Navi
- 0.15 Cycle* Tour de France Stage6
- 0.30 SUPER GT Round3 Suzuka Circuit 「Final」 ▽8.30 Round4 Chang International Circuit 「Final」
- 5.30 World Rugby #52
- 11.30 ★WWE SMACK DOWN #1062
- 0.00 IFSC Combined Qualifier Men Combined Final 「TOULOUSE - FRANCE」

4 Sat

- 6.30 The REAL 「Rugby World Cup Special」
- 7.30 BOOMER #117
- 8.00 WWE SMACK DOWN #1062
- 10.00★WWE SMACK DOWN #1063 English Version
- 0.15 WRC Navi
- 0.30 Dance! 「WDSF World Championships LATIN ／Mikasa Cup HL」
- 2.00 Cycle* Tour de France Stage7
- 6.45 Dakar Rally Navi
- 7.00 SUPER GT Round5 Fuji Speedway 「Final-1」 ▽10.00 Round5 Fuji Speedway 「Final-2」
- 1.00 WWE SMACK DOWN #1063 English Version
- 3.00 IFSC Combined Qualifier Women Combined Final 「TOULOUSE - FRANCE」

5 Sun

- 7.00 Japan Rugby Top League Navi
- 7.30 The REAL 「SKAGERRAK」
- 8.30 WWE RAW #1387
- 11.15 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Innsbruck／AUT(01／04)」
- 1.30 BOOMER #117
- 2.00 Cycle* Tour de France Stage8
- 6.30 Gambare Nippon Baseball Returnes
- 7.00 SUPER GT Round6 Autopolis 「Final」
- 10.00 FIA Formula E Round1 Final 「Ad Diriyah」 ▽0.00 Round2 Final 「Ad Diriyah」
- 2.00 FIA World Endurance Championship HL Round4 「8 Hours of Bahrain」
- 3.00 Drone Champions League 「Romania」

6 Mon

- 4.00 Blank
- 6.00 Documentary -The REAL- Maillot Jaune Special Program 「The day when Japan is dyed yellow」
- 7.00 Documentary -The REAL-
- 8.00 Alpine Ski FIS World Cup Men's Slalom 「Zagreb／CRO」
- 11.00 Cycle* Tour de France Stage9
- 4.00 WWE SMACK DOWN #1062
- 6.00★WWE RAW #1388
- 8.45 SUPER GT Round7 Sportsland SUGO 「Final」
- 0.00 High School Basketball Winter Cup #1 Men's Round1 ▽1.45 #2 Men's Round1 ▽3.30 #3 Men's Round1

7 Tue

- 5.15 Blank
- 6.00 Rugby 99th High School Tournament #48 Semifinal ▽7.30 #49 Semifinal
- 9.00 Documentary -The REAL- Maillot Jaune Special Program 「The day when Japan is dyed yellow」
- 10.00★WWE Raw #1389 English Version
- 1.15 Collection of Haka
- 1.30 Cycle* Tour de France Stage10
- 5.30 Japan Rugby Top League Navi
- 6.00 DTM Round9 Race1 Final 「Hockenheimring」 ▽8.00 Round9 Race2 Final 「Hockenheimring」
- 10.00 WRC Navi◇BOOMER #117
- 10.45 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Bischofshofen／AUT(01／06)」
- 1.00 WWE Raw #1389 English Version
- 3.45 High School Basketball Winter Cup #4 Men's Round1

8 Wed

- 5.30 Blank
- 6.00 Rugby Under 18 Tozai TAIKOSEN
- 7.30 Rugby 99th High School Tournament #50 Final
- 9.45 WRC Navi
- 10.00 Drone Champions League 「Romania」
- 11.00 FIA Formula E Sebastien Olivier Buemi
- 11.30 Cycle* Tour de France Stage11
- 4.00 SUPER GT Round8 Twin Ring Motegi 「Final」
- 7.00 FIA Formula E Round1 Final 「Ad Diriyah」 ▽9.00 Round2 Final 「Ad Diriyah」
- 11.00 High School Basketball Winter Cup #5 Men's Round1 ▽0.45 #6 Men's Round1 ▽2.30 #7 Men's Round1

9 Thu

- 4.15 Blank
- 6.00 Rugby College Tournament Semifinal
- 8.00 Documentary -The REAL- Rugby World Cup Special 「Luke Thompson」
- 9.00 Alpine Ski FIS World Cup Men's Slalom 「Madonna di Campiglio／ITA」
- 0.00 Cycle* Tour de France Stage12
- 4.15 Motorsports Guide
- 4.30 Kessoku SAMURAI JAPAN #55
- 5.00 SUPER GT DTM Dream Race Fuji Speedway 「Race1」
- 10.00 WWE RAW #1388
- 0.45 High School Basketball Winter Cup #8 Men's Round1 ▽2.30 #9 Men's Round1

10 Fri

- 4.15 Blank
- 6.00 Rugby College Tournament Semifinal
- 8.00 Soccer Japan National Coach Chronicle #32
- 10.15 WRC Navi
- 10.30 Gambare Nippon Baseball Returnes
- 11.00 FIA World Endurance Championship HL Round4 「8 Hours of Bahrain」
- 0.00 Cycle* Tour de France Stage13
- 5.15 WRC Navi
- 5.30 FIBA 3x3 World Tour HL 「SEASON REVIEW」
- 6.00★WWE SMACK DOWN #1063
- 8.00 SUPER GT DTM Dream Race Fuji Speedway 「Race2」
- 1.00 High School Basketball Winter Cup #10 Men's Round1 ▽2.45 #11 Men's Round1

11 Sat

- 4.30 High School Basketball Winter Cup #12 Men's Round1
- 6.15 Collection of Haka
- 6.30 Gambare Nippon Baseball Returnes
- 7.00 Drone Champions League 「Romania」
- 8.00 WWE SMACK DOWN #1063 ▽10.00★#1064 English Version
- 0.15 WRC Navi
- 0.30 BOOMER #117
- 1.00 Cycle* Tour de France Stage14
- 6.15★Alpine Ski FIS World Cup Men's Giant Slalom 「Adelboden／SUI」
- 11.00 Kessoku SAMURAI JAPAN #55
- 11.30 WWE SMACK DOWN #1064 English Version
- 1.30 Futsal F League Round32 「SHONAN vs. SENDAI」 ▽3.30 Round32 「HOKKAIDO vs. URAYASU」

12 Sun

- 5.30 Futsal F League Round32 「F.LEAGUE SELECTION vs. SUMIDA」 ▽7.30 Round32 「TACHIKAWA-FUCHU vs. OSAKA」
- 9.30 WWE RAW #1388
- 0.15 Motorsports Guide
- 0.35★Futsal F League Round32／33 「OITA vs. NAGANO」 「SENDAI vs. HOKKAIDO」 「MACHIDA vs. NAGOYA」 「SHONAN vs. OSAKA」
- 10.00 Documentary -The REAL-
- 11.00 High School Basketball Winter Cup #13 Men's Round1 ▽0.45 #14 Men's Round1 ▽2.30 #15 Men's Round1

13 Mon

- 4.15 High School Basketball Winter Cup #16 Men's Round1
- 6.00 Alpine Ski FIS World Cup HL Men's Slalom 「Zagreb／CRO」
- 7.00 Soccer Japan National Coach Chronicle #32
- 9.15 SUPER GT Season HL
- 11.15 WRC Navi
- 11.30 Cycle* Tour de France Stage15
- 3.45 Motorsports Guide
- 4.00 WWE SMACK DOWN #1063
- 6.00★WWE RAW #1389
- 8.45 Collection of Haka
- 9.00 Alpine Ski FIS World Cup Men's Giant Slalom 「Adelboden／SUI」
- 0.00 High School Basketball Winter Cup #17 Men's Round1 ▽1.45 #18 Men's Round1 ▽3.30 #19 Men's Round1

14 Tue

- 5.15 Blank
- 6.00 Japan Rugby Top League Week1-1 「Wild Knights vs. Spears」 ▽8.00 Week1-3 「Brave Lupas vs. Sungoliath」
- 10.00★WWE Raw #1390 English Version
- 1.15 Cycle* Tour de France Stage16
- 5.45 WRC Navi
- 6.00 WWE Raw #1390 English Version
- 8.45 Futsal F League Round32 「SHONAN vs. SENDAI」
- 10.45 BOOMER #117
- 11.15 High School Basketball Winter Cup #20 Men's Round1 (～1.00)

15 Wed

- 7.00 Japan Rugby Top League Week1-7 「Kobelco Steelers vs. Eagles」 ▽9.00 Week1-4 「Jubilo vs. Verblitz」
- 11.00 Rugby College Tournament Final
- 1.30 Cycle* Tour de France Stage17
- 6.00 Documentary -The REAL-
- 7.00 Futsal F League Round32 「HOKKAIDO vs. URAYASU」 ▽9.00 Round32 「F.LEAGUE SELECTION vs. SUMIDA」 ▽11.00 Round32 「TACHIKAWA-FUCHU vs. OSAKA」
- 1.00 High School Basketball Winter Cup #21 Men's Round1 ▽2.45 #22 Men's Round1

16 Thu

- 4.30 Blank
- 6.00 Japan Rugby Top League Week1-5 「Black Lams vs. Heat」 ▽8.00 Week1-2 「Red Dolphins vs. Shining Arcs」
- 10.00 Cycle* Tour de France Stage18
- 5.30 The REAL Maillot Jaune 「The day when Japan is dyed yellow」
- 6.30 KUWATA Golf S7 #4
- 7.00 Futsal F League Round32 「OITA vs. NAGANO」 ▽9.00 Round32 「MACHIDA vs. NAGOYA」
- 11.00 WWE RAW #1389
- 1.45 High School Basketball Winter Cup #23 Men's Round1 ▽3.30 #24 Men's Round1

17 Fri

- 5.15 Blank
- 6.00 Japan Rugby Top League Week1-6 「Red Hurricanes vs. Dynaboars」 ▽8.00 Week1-8 「Blues vs. Green Rockets」
- 10.00 Alpine Ski FIS World Cup HL Men's Slalom 「Madonna di Campiglio／ITA」
- 11.00 Cycle* Tour de France Stage19
- 3.30 Gambare Nippon Baseball Returnes
- 4.00 Futsal F League Round33 「SENDAI vs. HOKKAIDO」
- 6.00★WWE SMACK DOWN #1064
- 8.00 Futsal F League Round33 「SHONAN vs. OSAKA」 ▽10.00 Round33 「NAGANO vs. TACHIKAWA-FUCHU」 ▽0.00 Round33 「URAYASU vs. SUMIDA」
- 2.00 High School Basketball Winter Cup #25 Men's Round1 ▽3.45 #26 Men's Round1

18 Sat

- 5.30 Soccer Japan National Coach Chronicle #33
- 7.45 Collection of Haka
- 8.00 WWE SMACK DOWN #1064 ▽10.00★#1065 English Version
- 0.15 Cycle* Tour de France Stage20
- 3.30 Futsal F League Round33 「MACHIDA vs. OITA」
- 5.30 Gambare Nippon Baseball Returnes
- 6.00 SUPER GT Season HL
- 8.00 Futsal F League Round33 「F.LEAGUE SELECTION vs. NAGOYA」
- 10.00 Soccer Japan National Coach Chronicle #33
- 0.15 Motorsports Guide
- 0.30 Kessoku SAMURAI JAPAN #55
- 1.00 WWE SMACK DOWN #1065 English Version
- 3.00 BOOMER #117
- 3.30★FIA Formula E Round3 Final 「Santiago」

19 Sun

- 6.00 Documentary -The REAL-
- 7.00 J SPORTS HOOP! #1
- 7.30 WWE RAW #1389
- 10.15 Cycle* Tour de France Stage21
- 3.00 FIA Formula E Round3 Qualifying 「Santiago」
- 4.30★Cycle* Tour Down Under Classic
- 7.00 FIA Formula E Round3 Final 「Santiago」
- 9.00 GTV -SUPER GT Talk Variety-
- 9.30 J SPORTS Selection
- 10.00 Cycle* Tour Down Under Classic
- 0.00 High School Basketball Winter Cup #27 Men's Round1 ▽1.45 #28 Men's Round1 ▽3.30 #1 Women's Round1

20 Mon

- 5.15 Blank
- 6.00 Japan Rugby Top League Week2-2 「Sungoliath vs. Shining Arcs」
- 8.00 Japan Rugby Top Challenge League Luke Thompson Match 「WaterGush vs. Liners」
- 10.15 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Oberstdorf／GER(12／29)」
- 0.30 Gambare Nippon Baseball Returnes
- 1.00 Alpine Ski FIS World Cup Men's Slalom 「Wengen／SUI」
- 4.00 WWE SMACK DOWN #1064
- 6.00★WWE RAW #1390
- 8.45 Motorsports Guide
- 9.00 Cycle* Tour Down Under Classic
- 11.00 High School Basketball Winter Cup #2 Women's Round1 ▽0.45 #3 Women's Round1 ▽2.30 #4 Women's Round1

21 Tue

- 4.15 The Deliberation Committee
- 4.20 Blank
- 6.00 Japan Rugby Top League Week2-1 「Dynaboars vs. Eagles」
- 8.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Garmisch-Partenkirchen／GER(01／01)」
- 10.15 Motorsports Guide
- 10.30 Super Rugby Navi
- 11.00★Cycle* Tour Down Under Stage1
- 2.30 Cycle* Tour de France 100years maillot jaune #1～21
- 7.45 Collection of Haka
- 8.00 Cycle* Tour Down Under Stage1
- 11.00 Alpine Ski FIS World Cup HL Men's Slalom 「Adelboden／SUI」
- 0.00 GTV -SUPER GT Talk Variety-
- 0.30 J SPORTS Selection
- 1.00 WWE Raw #1391 English Version
- 3.45 High School Basketball Winter Cup #5 Women's Round1

22 Wed

- 5.30 Blank
- 6.00 Japan Rugby Top League Week2-3 「Jubilo vs. Kobelco Steelers」
- 8.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Innsbruck／AUT(01／04)」
- 10.15 WRC Navi
- 10.30 J SPORTS HOOP! #2
- 11.00★Cycle* Tour Down Under Stage2
- 2.00 SUPER GT Season HL
- 4.00 Cycle* Tour Down Under Stage2
- 7.00 Gambare Nippon Baseball Returnes
- 7.30★ISU European Figure Skating Championships 「Men Short Program」
- 1.30 KUWATA Golf S7 #5
- 2.00 Alpine Ski FIS World Cup HL Men's Slalom 「Madonna di Campiglio／ITA」 (～3.00)

23 Thu

- 7.00 Documentary -The REAL- Maillot Jaune Special Program 「The day when Japan is dyed yellow」
- 8.00 Cycle* Tour Down Under Stage2
- 11.00★Cycle* Tour Down Under Stage3
- 2.00 Cycle* Arctic Race of Norway Stage1 ▽4.10 Stage2
- 6.35 Collection of Haka
- 6.45 WRC Navi
- 7.00 DTM Season HL
- 8.00 Cycle* Tour Down Under Stage3
- 11.00 WWE RAW #1390
- 1.45 WRC Navi
- 2.00 J SPORTS HOOP! #1
- 2.30★ISU European Figure Skating Championships 「Men Free Skating」

24 Fri

- 7.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament) 「Bischofshofen／AUT(01／06)」
- 9.15 Collection of Haka
- 9.30 J SPORTS Selection
- 1.00 Dance! 「WDSF World Championships LATIN ／Mikasa Cup HL」
- 2.30 J SPORTS HOOP! #2
- 3.00 Documentary -The REAL- Maillot Jaune Special Program 「The day when Japan is dyed yellow」
- 4.00 Cycle* Tour Down Under Stage4
- 7.00 Gambare Nippon Baseball Returnes
- 7.30★ISU European Figure Skating Championships 「Ladies Short Program」
- 1.30★WWE SMACK DOWN #1065
- 3.30 Cycle* Tour Down Under Stage4

25 Sat

- 6.30 WWE SMACK DOWN #1065
- 8.30 J SPORTS Selection
- 0.30 Gambare Nippon Baseball Returnes
- 1.00 WRC Navi
- 1.20 Alpine Ski FIS World Cup HL Men's Slalom 「Adelboden／SUI」
- 2.20 J SPORTS Selection
- 9.00 Cycle* Tour Down Under Stage5
- 0.30 WWE SMACK DOWN #1066 English Version
- 2.30★ISU European Figure Skating Championships 「Ladies Free Skating」

26 Sun

- 7.00 WWE RAW #1390
- 9.45 Motorsports Guide
- 10.00★Cycle* Tour Down Under Stage6
- 2.30 J SPORTS HOOP! #1
- 3.00 ISU European Figure Skating Championships 「Ladies Free Skating」
- 7.30 J SPORTS Selection
- 11.30 Cycle* Tour Down Under Stage6

27 Mon

- 4.00 J SPORTS Selection
- 9.00 Alpine Ski FIS World Cup Men's Downhill 「Kitzbuehel／AUT」
- 11.00 J SPORTS Selection
- 4.00 WWE SMACK DOWN #1065
- 6.00★WWE RAW #1391
- 8.45 Collection of Haka
- 9.00 Cycle* Tour Down Under Classic
- 11.00 Ski Jumping FIS World Cup (Men's Large Hill) 「Zakopane／POR(01／26)」
- 1.15 Alpine Ski FIS World Cup Men's Slalom 「Kitzbuehel／AUT」

28 Tue

- 4.15 Blank
- 6.00 Japan Rugby Top League Week3-1 「Heat vs. Brave Lupas」 ▽8.00 Week3-3 「Kobelco Steelers vs. Sungoliath」
- 10.00★WWE Raw #1392 English Version
- 1.15 J SPORTS Selection
- 4.45 ISU European Figure Skating Championships 「Men Short Program」
- 10.45 Cycle* Tour Down Under Stage1
- 1.45 WWE Raw #1392 English Version

29 Wed

- 4.30 Blank
- 6.00 Japan Rugby Top League Week3-2 「Verblitz vs. Red Dolphins」
- 8.00 J SPORTS Selection
- 0.00 ISU European Figure Skating Championships 「Men Free Skating」
- 4.30 J SPORTS Selection
- 9.00 Cycle* Tour Down Under Stage2
- 0.00 High School Basketball Winter Cup #6 Women's Round1 ▽1.45 #7 Women's Round1 ▽3.30 #8 Women's Round1

30 Thu

- 5.15 Blank
- 6.00 Soccer Japan National Coach Chronicle #34
- 8.15 Documentary -The REAL- MotoGP 「The Silent Samurai」
- 9.00 J SPORTS Selection
- 1.00 ISU European Figure Skating Championships 「Ladies Short Program」
- 7.00 Cycle* Tour Down Under Stage3
- 10.00 WWE RAW #1391
- 0.45 High School Basketball Winter Cup #9 Women's Round1 ▽2.30 #10 Women's Round1

31 Fri

- 4.15 Blank
- 6.00 FIA Formula E Round3 Final 「Santiago」
- 8.00 J SPORTS Selection
- 1.00 ISU European Figure Skating Championships 「Ladies Free Skating」
- 5.30 Kessoku SAMURAI JAPAN #56
- 6.00★WWE SMACK DOWN #1066
- 8.00 Cycle* Tour Down Under Stage4
- 11.00 SUPER GT Season HL
- 1.00 Ski Jumping FIS World Cup (Men's Large Hill) 「Zakopane／POR(01／26)」
- 3.15 High School Basketball Winter Cup #11 Women's Round1 (～5.00)

※A program may be changed. Please confirm by a website for details.
※There is stopwave accompanying a maintenance. Please ask the cable TV office of the contract, and SKY Perfect ! for details.

J SPORTS Corporation

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