1 JANUARY 2017 TIME TABLE

2017.1.1 ▶ 1.31 J SPORTS 3

★ First On Air

1 Sun

- 4.00 J SPORTS Selection
- 5.00 Documentary -The REAL- Futsal 10 years of F.LEAGUE
- 6.00 Gillette World Sport 2016 #50
- 6.30 MOTOR GAMES #143
- 7.00 Badminton BWF World Super Series Finals 2016
- 10.25★Rugby 96th High School Tournament Round3
- 4.30 Documentary -The REAL- Basketball Serge Ibaka
- 5.30 MLB 2016 Season Review
- 6.30 Documentary -The REAL- Basketball「Shaq and Dale」
- 7.30 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Oberstdorf／GER（12／30）」
- 9.50★Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Garmisch-Partenkirchen／GER」
- 1.30 Freestyle Ski FIS World Cup Moguls「Ruka／FIN」
- 3.30 World Rugby #1

2 Mon

- 4.00 Documentary -The REAL- Yukiya Arashiro 164 Days
- 5.00 Kessoku SAMURAI JAPAN #11～19
- 9.30 World Rugby #1
- 10.00★NPB Junior Baseball Tournament 2016 #1「Tigers Jr. vs. Lions Jr.」▽0.00★#2「Eagles Jr. vs. Baystars Jr.」▽2.00★#3「Swallows Jr. vs. Tigers Jr.」
- 4.00 WWE Raw #1230
- 6.00★WWE AfterBurn #905
- 7.00★SUMO Jungyo MIYAKONOJYO
- 9.00★MOTOR GAMES #144
- 9.30★Gillette World Sport 2016 #51
- 10.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Garmisch-Partenkirchen／GER（01／01）」
- 0.15 J SPORTS Selection
- 2.15 Dakar Rally Navi Part2
- 2.30 Kessoku SAMURAI JAPAN #19
- 3.00 Darts World Grand Prix #6

3 Tue

- 4.00 Documentary -The REAL- Futsal 10 years of F.LEAGUE
- 5.00 X-SPORTS episode131
- 6.00 MOTOR GAMES #144
- 6.30 Gillette World Sport 2016 #51
- 7.00 Darts World Grand Prix #6
- 8.00 Documentary -The REAL- NCAA College Football
- 10.00★NPB Junior Baseball Tournament 2016 #4「Buffaloes Jr. vs. Dragons Jr.」▽0.00★#5「Carp Jr. vs. Fighters Jr.」▽2.00★#6「Marines Jr. vs. Buffaloes Jr.」
- 4.00 Kessoku SAMURAI JAPAN #11～19
- 8.30 Inter Proto Series 2016 #4
- 9.00 2016 All Japan Formula3 Championship Review
- 10.00★Dakar Rally「DAY1」
- 10.30 SUMO Jungyo MIYAKONOJYO
- 0.30 WWE Raw #1230
- 2.30 WWE AfterBurn #905
- 3.30 Dakar Rally「DAY1」

4 Wed

- 4.00 Blank
- 6.00 Alpine Ski FIS World Cup Highlight Men's Giant Slalom「Val d'Isere／FRA」
- 7.00 Dakar Rally「DAY1」
- 7.30 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Oberstdorf／GER（12／30）」
- 9.45 Information
- 10.00 Documentary -The REAL- Ice Hockey
- 11.30 Information
- 0.00★NPB Junior Baseball Tournament 2016 #7「Hawks Jr. vs. Carp Jr.」▽2.00★#8「Dragons Jr. vs. Marines Jr.」
- 4.00 ITTF Table Tennis World Tour2016 Grand Finals
- 7.00 Shinkyokushin Karate #276
- 8.00 SUMO Jungyo MIYAKONOJYO
- 10.00★Dakar Rally「DAY2」
- 10.30 B.LEAGUE Week15-1「HOKKAIDO vs. RYUKYU（12／30）」
- 1.00 World Rugby #1
- 1.30 Dakar Rally「DAY2」
- 2.00 Blank

5 Thu

- 6.00 Alpine Ski FIS World Cup Highlight Men's Slalom「Val d'Isere／FRA」
- 7.00 Dakar Rally「DAY2」
- 7.30 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Garmisch-Partenkirchen／GER（01／01）」
- 9.45 Information
- 10.00 SUMO Jungyo MIYAKONOJYO
- 0.00★NPB Junior Baseball Tournament 2016 #9「Fighters Jr. vs. Hawks Jr.」▽2.00★#10「Giants Jr. vs. Eagles Jr.」
- 4.00 ITTF Table Tennis World Tour2016 Grand Finals
- 6.45 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Innsbruck／AUT（01／04）」
- 9.00 Gillette World Sport 2016 #51
- 9.30 MOTOR GAMES #144
- 10.00★Dakar Rally「DAY3」
- 10.30★WWE Raw #1231
- 0.30 Documentary -The REAL-
- 1.30 Dakar Rally「DAY3」
- 2.00 Blank

6 Fri

- 5.55 The Deliberation Committee
- 6.00 Alpine Ski FIS World Cup Highlight Men's Giant Slalom「Alta Badia／ITA」
- 7.00 Dakar Rally「DAY3」
- 7.30 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Innsbruck／AUT（01／04）」
- 9.45 Information
- 10.00 Documentary -The REAL- Freefall「Angry Sky」
- 11.30 Information
- 0.00★NPB Junior Baseball Tournament 2016 #11「Lions Jr. vs. Swallows Jr.」▽2.00★#12「Bajstars Jr. vs. Giants Jr.」
- 4.00 ITTF Table Tennis World Tour2016 Grand Finals
- 7.00 2016 SUPER GT Round1(On Board CAMERA+)
- 10.00★Dakar Rally「DAY4」
- 10.30 J SPORTS Selection
- 0.00 Dakar Rally「DAY4」
- 0.30★Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Bischofshofen／AUT」

7 Sat

- 4.30 X-SPORTS episode131
- 5.30 MOTOR GAMES #144
- 6.00 Darts World Grand Prix #7
- 7.00 Dakar Rally「DAY4」
- 7.30 SUMO Jungyo MIYAKONOJYO
- 9.30 Information
- 10.00★NPB Junior Baseball Tournament 2016 #13 Semifinal ▽0.00★#14 Semifinal ▽2.00★#15 Final
- 4.30 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Bischofshofen／AUT（01／06）」
- 6.45 WRC Navi
- 7.00★ROLEX Spirit of Yachting 2016 #3「ROLEX MIDDLE SEA RACE」
- 7.30 Gillette World Sport 2016 #51
- 8.00 Dakar Rally「DAY1～4」
- 10.00★Dakar Rally「DAY5」
- 10.30 WWE AfterBurn #905
- 11.30 WWE Raw #1231
- 1.30 Dakar Rally「DAY5」
- 2.00 JOC Junior Olimpic Cup All Japan Juniors Judo Championships 2016 #1

8 Sun

- 5.00 Documentary -The REAL-
- 7.00 Dakar Rally「DAY5」
- 7.30 Gillette World Sport 2016 #51
- 8.00 Shinkyokushin Karate #276
- 9.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Bischofshofen／AUT（01／06）」
- 11.15★Japan Rugby Top League Week14-4「Green Rockets vs. Heat」▽1.50★Week14-5「Shining Arcs vs. Eagles」
- 4.15 WRC Navi
- 4.30 MLB 2016 Season Review
- 5.30 Inter Proto Series 2016 #4
- 6.00 2016 SUPER GT Round2(On Board CAMERA+)「Fuji Speedway」
- 10.00★Dakar Rally「DAY6」
- 10.30 Japan Rugby Top League Week14-7「Jubilo vs. Liners」
- 0.30 Dakar Rally「DAY6」
- 1.00 JOC Junior Olimpic Cup All Japan Juniors Judo Championships 2016 #2

9 Mon

- 4.00 Blank
- 6.00 Shinkyokushin Karate #276
- 7.00 Dakar Rally「DAY6」
- 7.30 BOOMER #81
- 8.00 Badminton S／J LEAGUE Men's「TONAMI vs. MITSUBISHI MOTORS KYOTO」
- 11.30 Information
- 0.00 NPB Junior Baseball Tournament 2016 #13 Semifinal ▽2.00 #14 Semifinal
- 4.00 WWE Raw #1231
- 6.00★WWE AfterBurn #906
- 7.00 Red Bull Air Race World Championship 2016「Season Review」
- 8.00 Documentary -The REAL- Basketball「Shaq and Dale」
- 9.00★MOTOR GAMES #145
- 9.30 BOOMER #81
- 10.00★Dakar Rally「DAY7」
- 10.30 ITTF Table Tennis World Tour2016 Grand Finals
- 1.30 Dakar Rally「DAY7」
- 2.00 Blank

10 Tue

- 6.00 MOTOR GAMES #145
- 6.30 Information
- 7.00 Dakar Rally「DAY7」
- 7.30 Information
- 8.00 Badminton S／J LEAGUE Women「SAISHUNKAN vs. ACT SAIKYO」
- 11.30 NPB Junior Baseball Tournament 2016 #15 Final
- 2.00 2016 World Team Table Tennis Championships Malaysia Women's Quarterfinal-2「Japan vs. Germany」▽4.00 Women's Semifinal-1「Japan vs. Korea DPR」
- 6.45 WRC Navi
- 7.00 2016 SUPER GT Round4 (On Board CAMERA+)「Sports Land SUGO」
- 10.00★Dakar Rally「DAY8」
- 10.30 WWE Raw #1231
- 0.30 WWE AfterBurn #906
- 1.30 Dakar Rally「DAY8」
- 2.00 Blank

11 Wed

- 6.00 Darts World Grand Prix #7
- 7.00 Dakar Rally「DAY8」
- 7.30 Information
- 8.00 Badminton S／J LEAGUE Men's「TONAMI vs. JR HOKKAIDO」
- 11.30 Information
- 0.00 Shinkyokushin Karate #276
- 1.00 2016 World Team Table Tennis Championships Malaysia Men's Quarterfinal-4「Japan vs. Hong Kong」▽3.45 Men's Semifinal-2「Japan vs. England」
- 6.45 Information
- 7.00 2016 SUPER GT Round5 (On Board CAMERA+)「Fuji Speedway」
- 10.00★Dakar Rally「DAY9」
- 10.30 MOTOR GAMES #145
- 11.00 BOOMER #81
- 11.30 Dakar Rally「DAY5～9」
- 2.00 Blank

12 Thu

- 5.30 Information
- 6.00 BOOMER #81
- 6.30 World Rugby #2
- 7.00 Dakar Rally「DAY9」
- 7.30 Information
- 8.00 Badminton S／J LEAGUE Women's「UNISYS vs. ACT SAIKYO」
- 11.30 Information
- 0.00 2016 World Team Table Tennis Championships Malaysiaa Women's Final「Japan vs. China」▽2.15 Men's Final「Japan vs. China」
- 4.30 MLB 2016 Season Review
- 5.30 Documentary -The REAL- Basketball「Shaq and Dale」
- 6.30 2016 SUPER GT Round6-1(On Board CAMERA+)「Suzuka Circuit」
- 10.00★Dakar Rally「DAY10」
- 10.30★WWE Raw #1232
- 0.30 Darts World Grand Prix #7
- 1.30 Dakar Rally「DAY10」
- 2.00 Blank

13 Fri

- 5.30 Information
- 6.00 X-SPORTS episode131
- 7.00 Dakar Rally「DAY10」
- 7.30 MOTOR GAMES #145
- 8.00 Shinkyokushin Karate #276
- 9.00 Information
- 9.30 Documentary -The REAL-
- 11.30 Information
- 0.00 ISU Four Continents Figure Skating Championships 2016「Men Short Program」▽3.00「Ladies' Short Program」
- 5.45 WRC Navi
- 6.00 2016 SUPER GT Round6-2(On Board CAMERA+)「Suzuka Circuit」
- 10.00★Dakar Rally「DAY11」
- 10.30★FIA GT World Cup 2016 Highlight
- 11.30★Documentary -The REAL-
- 0.30 J SPORTS Selection
- 1.30 Dakar Rally「DAY11」
- 2.00 Super College Volley 2016 Women's 3rd place play-off「Jyuntendo Univ. vs. NSSU」

14 Sat

- 4.00 Super College Volley 2016 Women's Final「Tsukuba Univ. vs. Kanoya Taiiku Univ.」
- 6.30 BOOMER #81
- 7.00 Dakar Rally「DAY11」
- 7.30 Documentary -The REAL-
- 9.00 ISU Four Continents Figure Skating Championships 2016「Men Free Skating」
- 0.45★Japan Rugby Top League Week15-6「Kobelco Steelers vs. Sungoliath」▽3.30★Week15-7「Blues vs. Green Rockets」
- 5.30 Inter Proto Series 2016 #4
- 6.00 2016 SUPER GT Round7(On Board CAMERA+)「Chang International Circuit」
- 9.00★Sepang 12hours race
- 10.00★Dakar Rally「DAY12」
- 10.30 WWE AfterBurn #906
- 11.30 WWE Raw #1232
- 1.30 Dakar Rally「DAY12」
- 2.00 Super College Volley 2016 Men's 3rd place play-off「Waseda Univ. vs. NSSU」

15 Sun

- 4.00 Super College Volley 2016 Men's Final「Chuo Univ. vs. Tokai Univ.」
- 6.30 World Rugby #2
- 7.00 Dakar Rally「DAY12」
- 7.30 Premier League Preview Show #19
- 8.00 Documentary -The REAL-
- 9.00 ISU Four Continents Figure Skating Championships 2016「Ladies' Free Skating」
- 0.30 Information
- 1.00 Sepang 12hours race
- 2.00 2016 SUPER GT Round3(On Board CAMERA+)「Twin Ring Motegi」
- 5.00 BOOMER #81
- 5.30 2016 SUPER GT Round8(On Board CAMERA+)「Twin Ring Motegi」
- 8.30 Kessoku SAMURAI JAPAN #19
- 9.00 Documentary -The REAL-
- 10.00★Dakar Rally「DAY13」
- 10.30 J SPORTS Selection
- 0.30 Darts World Grand Prix #8
- 1.30 Dakar Rally「DAY13」
- 2.00 Alpine Ski FIS World Cup Highlight

16 Mon

- 4.00 Blank
- 6.00 Darts World Grand Prix #8
- 7.00 Dakar Rally◇Information
- 8.00 Kessoku SAMURAI JAPAN #19
- 8.30 World Rugby #3
- 9.00 ISU Four Continents Figure Skating Championships 2016「Pair Short Program」▽10.30「Pair Free Skating」
- 0.30 Information
- 1.00 Documentary -The REAL- American football
- 2.00 ITTF Table Tennis World Tour2016 Polish Open Women's Singles Semifinals ▽2.50 Women's Singles Final
- 4.00 WWE Raw #1232
- 6.00★WWE AfterBurn #907
- 7.00 FIA GT World Cup 2016 Highlight
- 8.00 Sepang 12hours race
- 9.00★MOTOR GAMES #146
- 9.30 2016 SUPER GT Season Highlight
- 11.30 ROLEX Spirit of Yachting 2016 #3「ROLEX MIDDLE SEA RACE」
- 0.00 Documentary -The REAL-
- 2.00 Blank

17 Tue

- 6.00 MOTOR GAMES #146
- 6.30 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Oberstdorf／GER（12／30）」
- 8.45 WRC Navi
- 9.00 ISU Four Continents Figure Skating Championships 2016「Ice Dance Short Dance」▽11.15「Ice Dance Free Dance」
- 2.00 ITTF Table Tennis World Tour2016 Polish Open Men's Singles Semifinals ▽2.50 Men's Singles Final ▽4.00 Men's Doubles Final
- 4.50 2016 SUPER GT Season Highlight
- 6.50★B.LEAGUE Week16-1「SEANDAI vs. A TOKYO（01／17）」
- 9.30★2016 J League Selected Game #1
- 11.45 B.LEAGUE Week16-1「SEANDAI vs. A TOKYO（01／17）」
- 2.15 Blank

18 Wed

- 6.00 Ski Jumping FIS World Cup (Men's Large Hill)「Garmisch-Partenkirchen／GER（01／01）」
- 8.15 WRC Navi◇World Rugby #3
- 9.00 ISU Four Continents Figure Skating Championships 2016「Exhibition」
- 11.00 Dance!Ballroom Stars #23
- 11.30 Information
- 0.00 Documentary -The REAL- Badminton Uber Cup Japan Team
- 1.00 X-SPORTS episode131
- 2.00 ITTF Table Tennis World Tour2016 Bulgaria Open Women's Singles Semifinals-1 ▽3.00 Women's Singles Semifinals-2 ▽3.45 Women's Singles Final ▽4.35 Women's Doubles Final
- 5.10 WRC Navi
- 5.30 High School Basketball Winter Cup
- 6.00 2016 Super Formula Round1 Final「Suzuka Circuit」
- 8.30 Dakar Rally「DAY6～10」
- 11.00 WWE Raw #1232
- 1.00 Darts World Grand Prix #8
- 2.00 Blank

19 Thu

- 6.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Innsbruck／AUT（01／04）」
- 8.15 WRC Navi
- 8.30 Japan Rugby Top League Highlight
- 9.00 Badminton BWF Super Series Premier All England Open 2016 Men's Doubles Quaterfinals ▽9.55 Men's Doubles Semifinals
- 11.00 Freestyle Ski FIS World Cup Moguls「Lake Placid／USA」
- 1.00 Shinkyokushin Karate #276
- 2.00 ITTF Table Tennis World Tour2016 Austrian Open Women's Singles Semifinals-1 ▽3.05 Women's Singles Semifinals-2 ▽3.50 Women's Singles Final
- 4.30 Information
- 5.00 WWE AfterBurn #907
- 6.00 2016 Super Formula Round2 Final
- 8.00 Dakar Rally「DAY6～10」
- 10.30★WWE Raw #1233
- 0.30 MLB 2016 Season Review
- 1.30 BOOMER #81◇2.00 Blank

20 Fri

- 6.00 Ski Jumping FIS World Cup (Men's Large Hill) (Four Hills Tournament)「Innsbruck／AUT（01／04）」
- 8.15 WRC Navi◇MOTOR GAMES #146
- 9.00 Badminton BWF Super Series Premier All England Open 2016 Women's Singles Semifinals ▽10.25 Women's Singles Final
- 0.20 Documentary -The REAL- Badminton Uber Cup Japan Team
- 1.20 High School Basketball Winter Cup Women's Highlight
- 2.00 ITTF Table Tennis World Tour2016 Austrian Open Women's Doubles Final ▽3.10 Men's Singles Semifinals-1 ▽3.55 Men's Singles Final
- 5.00 Documentary -The REAL-
- 6.00 2016 Super Formula Round3 Final「Fuji Speedway」
- 8.30 Dakar Rally「DAY1～13」
- 10.00★WRC News Flash!2016 Round1 Rally Monte Calro「Preview」
- 10.45 B.LEAGUE Week16-1「SEANDAI vs. A TOKYO（01／17）」
- 1.15 2016 J League Selected Game #1
- 3.30 Darts World Grand Prix #9

21 Sat

- 4.30 Documentary -The REAL- Freefall「Angry Sky」
- 6.00 WRC News Flash!2016
- 6.45 Freestyle Ski FIS World Cup
- 8.45 Badminton BWF Super Series Premier All England Open 2016 Women's Doubles Final
- 10.00 Information
- 10.30★Snowboard snow sweet life #1
- 11.00 WWE AfterBurn #907
- 0.00 WWE Raw #1233
- 2.00 2016 SUPER GT Season Highlight
- 4.00 Documentary -The REAL-
- 5.00 WRC News Flash!2016
- 5.50★B.LEAGUE Week17-1「NIIGATA vs. NAGOYA D（01／21）」
- 8.30★The 54th Japan Rugby Championship Semifinal-2
- 10.30★WRC News Flash! #1
- 11.00 Kessoku SAMURAI JAPAN #19
- 11.30 Super Rugby Navi
- 11.50★Ski Jumping FIS World Cup (Men's Large Hill) Team「Zakopane／POL」

22 Sun

- 4.30 Snowboard snow sweet life #1
- 5.00 Super Rugby Navi
- 5.30 WRC News Flash!2016
- 6.00 WRC News Flash! #1
- 6.30 Premier League Preview Show #20
- 7.00 Documentary -The REAL-
- 8.00 B.LEAGUE Week17-2「OSAKA vs. AKITA（01/21）」▽10.25 Week17-1「NIIGATA vs. NAGOYA D（01/21）」
- 0.50★B.LEAGUE Week17-3「NIIGATA vs. NAGOYA D（01／22）」
- 3.30 Ski Jumping FIS World Cup (Men's Large Hill) Team「Zakopane／POL（01／21）」
- 5.45 Super Rugby Navi
- 6.00 MOTOR GAMES #146
- 6.30 FIA GT World Cup 2016 Highlight
- 7.30★WRC News Flash! #2
- 8.00★WRC Round1 Rally Monte Calro「Live Stage」
- 10.00 B.LEAGUE Week17-4「OSAKA vs. AKITA（01／22）」▽0.30 Week17-3「NIIGATA vs. NAGOYA D（01／22）」
- 3.00 J SPORTS Selection

23 Mon

- 4.00 Blank◇6.00 WRC News Flash! #2
- 6.30 Darts World Grand Prix #9
- 7.30 Snowboard snow sweet life #1
- 8.00 High School Basketball Winter Cup Women's Highlight ▽8.30 Men's Highlight
- 9.00 Badminton BWF Gland Prix Gold New Zealand Open 2016 Men's Singles Semifinals ▽9.55 Women's Doubles Semifinals ▽10.45 Women's Doubles Final
- 0.00 J SPORTS Selection
- 2.00 WRC Round1 Rally Monte Calro「Live Stage」
- 4.00 WWE Raw #1233
- 6.00★WWE AfterBurn #908
- 7.00 FIA GT World Cup 2016 Highlight
- 8.00★WRC News Flash!2016 #3
- 8.30 Snowboard snow sweet life #1
- 9.00★MOTOR GAMES #147
- 9.30★Gillette World Sport #1
- 10.00 WRC News Flash! #1・2
- 11.00 WRC Round1 Rally Monte Calro「Live Stage」
- 1.00 WRC News Flash!2016 #3
- 1.30 World Rugby #4◇2.00 Blank

24 Tue

- 6.00 MOTOR GAMES #147
- 6.30 Ski Jumping FIS World Cup (Men's Large Hill) Team「Zakopane／POL（01／21）」
- 8.45 Super Rugby Navi
- 9.00 Badminton Asia Championships 2016 Women's Doubles Final
- 10.15 Badminton BWF Super Series Premier Indonesia Open 2016 Women's Doubles Semifinals ▽11.10 Women's Doubles Finals
- 0.45 Information
- 1.00 Red Bull Air Race World Championship 2016「Abu Dhabi, UAE」▽2.00「Spilberg, Austria」▽3.00「Chiba」
- 4.00 Information
- 4.30 B.LEAGUE Week17-2「OSAKA vs. AKITA（01／21）」
- 7.00 2016 Super Formula Round4 Final「Twinring Motegi」
- 9.30★2016 J League Selected Game #2
- 11.45 WWE Raw #1233
- 1.45 WWE AfterBurn #908
- 2.45 Blank

25 Wed

- 6.00 WRC Round1 Rally Monte Calro「Live Stage」
- 8.00 WWE AfterBurn #908
- 9.00 Badminton BWF Super Series Premier Denmark Open 2016 Women's Singles 2nd Round ▽10.20 Women's Doubles Finals
- 11.50 Documentary -The REAL- Badminton Uber Cup Japan Team
- 1.00 Red Bull Air Race World Championship 2016「Budapest (Hungary)」▽2.00「Ascot (United Kingdom)」▽3.00「Lausitz (Germany)」
- 4.00 Information
- 4.30 B.LEAGUE Week17-1「NIIGATA vs. NAGOYA D（01／21）」
- 7.00 2016 Super Formula Round5 Final Race1「Okayama International Circuit」▽9.00 Round5 Final Race2「Okayama International Circuit」
- 11.30 Ski Jumping FIS World Cup (Men's Large Hill) Team「Zakopane／POL（01／21）」
- 1.45 Super Rugby Navi
- 2.00 Blank

26 Thu

- 6.00 Documentary -The REAL-
- 8.00 FIA GT World Cup 2016 Highlight
- 9.00 Badminton BWF Super Series Premier Denmark Open 2016 Women's Singles Semifinals ▽10.40 Women's Singles Finals
- 0.00 Darts World Grand Prix #9
- 1.00 Red Bull Air Race World Championship 2016「Indianapolis (USA)」▽2.00「Las Vegas (USA)」▽2.30「Season Review」
- 3.30 MOTOR GAMES #147
- 4.00 Information
- 4.30 B.LEAGUE Week17-4「OSAKA vs. AKITA（01／22）」
- 7.00 2016 Super Formula Round6 Final「Sports Land SUGO」
- 9.30 Sepang 12hours race
- 10.30★WWE Raw #1234
- 0.30 WWE AfterBurn #908
- 1.30 Gillette World Sport #1
- 2.00 Blank

27 Fri

- 6.00 Badminton S/J LEAGUE Men's「HITACHI Information & Communication Engineering vs. MITSUBISHI MOTORES KYOTO」▽9.30 Women's「SAISHUNKAN vs. NTT EAST」
- 1.00 Ski Jumping FIS World Cup (Men's Large Hill) Team「Zakopane／POL（01／21）」
- 3.15 Information
- 3.30 Gillette World Sport #1
- 4.00 Snowboard snow sweet life #1
- 4.30 B.LEAGUE Week17-3「NIIGATA vs. NAGOYA D（01／22）」
- 7.00 2016 Super Formula Round7 Final「Suzuka Circuit」
- 10.30★BOOMER #82
- 11.00★Documentary -The REAL-
- 1.00 2016 J League Selected Game #2
- 3.15 Darts World Grand Prix #10

28 Sat

- 4.15 Super Rugby Navi
- 4.30 Gillette World Sport #1
- 5.00 High School Basketball Winter Cup
- 6.00 Alpine Ski FIS World Cup Highlight
- 7.00★Freestyle Ski FIS World Cup Moguls「Val St.Come／CAN」
- 9.00★Snowboard snow sweet life #2
- 9.30 Gillette World Sport #1
- 10.00 WRC Round1 Rally Monte Calro「Live Stage」
- 0.00 J SPORTS Selection
- 1.00 BOOMER #82◇Super Rugby Navi
- 1.50★B.LEAGUE Week18-1「SEANDAI vs. KYOTO（01／28）」
- 4.30 WWE Raw #1234
- 6.30 Super Rugby Navi
- 6.50★B.LEAGUE Week18-2「RYUKYU vs. NIIGATA（01／28）」
- 9.30 B.LEAGUE Week18-1「SENDAI vs. KYOTO（01/28）」
- 11.50★Ski Jumping FIS World Cup (Men's Large Hill) Team「Willingen／GER」
- 3.30 Snowboard snow sweet life #2

29 Sun

- 4.00 Documentary -The REAL- Futsal 10 years of F.LEAGUE
- 5.00 Baseball U-18 National Team Send off Game「U-18 National Team vs. Collegiate National Team」
- 9.00 2016 SUPER GT Season Highlight
- 11.00 MOTOR GAMES #147
- 11.30 B.LEAGUE Week18-2「RYUKYU vs. NIIGATA（01／28）」
- 2.00★B.LEAGUE Week18-4「SR SHIBUYA vs. TOCHIGI（01／28）」
- 4.45 Ski Jumping FIS World Cup (Men's Large Hill) Team「Willingen／GER（01／28）」
- 7.00 B.LEAGUE Week18-3「AKITA vs. SAN-EN(01／29)」
- 9.30 J SPORTS Selection
- 1.00 B.LEAGUE Week18-4「SR SHIBUYA vs. TOCHIGI（01／28）」
- 3.30 Gillette World Sport #1

30 Mon

- 4.00 Blank
- 6.00 J SPORTS Selection
- 8.00 Futsal F League Round30-1「ESPOLADA HOKKAIDO vs. SHONAN BELLMARE」
- 10.00 Badminton BWF World Super Series Finals 2016
- 2.00 J SPORTS Selection
- 4.00 WWE Raw #1234
- 6.00★WWE AfterBurn #909
- 7.00★Shinkyokushin Karate #277
- 8.00 J SPORTS Selection
- 9.00★MOTOR GAMES #148
- 9.30★Gillette World Sport #2
- 10.00★X-SPORTS episode132
- 11.00 B.LEAGUE Week18-2「RYUKYU vs. NIIGATA（01／28）」
- 1.30 Snowboard snow sweet life #2
- 2.00 Blank

31 Tue

- 6.00 MOTOR GAMES #148
- 6.30 Gillette World Sport #2
- 7.00 Dance! 2016 WDSF World Championships「STANDARD」
- 8.00 Futsal F League Round30-2「PESCADOLA MACHIDA vs. AGLEYMINA HAMAMATSU」
- 10.00 Badminton BWF World Super Series Finals 2016
- 1.00 Baseball U-18 National Team Send off Game「U-18 National Team vs. Collegiate National Team」
- 5.00 WRC News Flash!2016 #1～3 Round1 Rally Monte Calro
- 6.30 B.LEAGUE Week18-3「AKITA vs. SAN-EN（01／29）」
- 9.00 WWE Raw #1234
- 11.00 WWE AfterBurn #909
- 0.00 J SPORTS Selection
- 1.00 Darts World Grand Prix #10
- 2.00 Blank

J SPORTS Corporation

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